



TEAM LEGEND



My 90-Run Commitment

For the next 90 days - I, _____, commit to doing the following:
Associate Name

"You cannot fill a cup that is full - You must make room to fill it with that which you seek"

1. Reschedule as much as I can until after my 90-Day Run, i.e. projects, extra activities participating, etc. List more: _____
2. Give up unproductive activities during my 90-Day Run, i.e. TV, Radio, Video Games, etc.

3. I will select a tough workout partner(s) who will hold me accountable for my daily activities and we will communicate daily. I will also be a worthy workout partner in return!
Name of partner(s): _____
4. I will call into all conference calls hosted by my support team, especially Executive Director & Ring Earner
5. I will explain 90-Day Run COMMITMENT to my family/friends and also ask for their support & help.
6. I will maintain a high energy level by being smart with my eating & health.
i.e. vitamins, water, sleep, working out, walking, etc. _____
7. I will commit to consistently doing the following activities during my 90-Day Run:
#Exposures/day:____ #Follow-Ups/day:____ #Sit-Downs/wk:____ #PBR's/wk:____ #LongDistPkg's/wk:____
*Suggest P/T: 10-20hrs/wk: 5+Exp/day, 10+Follow-Ups/day, 5+Sit-Downs/wk, 3+PBR's/wk, 3+LDP/wk
*Suggest F/T: 20+ hrs/wk: 10+Exp/day, 15+Follow-Ups/day, 10+Sit-Downs/wk, 5+PBR's/wk, 5+LDP/wk
8. I will track my activities using documents provided on our team website, daily & weekly activity.
9. I will commit to attending all of my CORE Events: Briefing, Training, Super Sat., Convention!
10. I will apply the 80/20 Rule & Not work with "Zeroes"! (Zero Production + Zero Attendance = Zero)
11. At the end of my 90-Day Run COMMITMENT my goals are: \$\$_____/per month
Rank-Level:_____ Personal Recruits: _____ Mbrs:_____ FSQ:_____ Associates in Players Club_____
12. My Reward for doing the 90-Day Run COMMITMENT will be:

13. I will fax, email, and/or provide a copy of this to my sponsor, Director, & Executive Director.

Associate Signature

90-Day Run Start Date

Current Level

Contact Phone# _____

Email: _____@_____